

Minster Lovell – Ladies' Pleasure

A four person dance.

Chorus:

Closed sidestep right, closed sidestep left - moving forwards into the middle

Hockle backs for two bars; (emphasise the hands up and over into the first step)

Two double steps; Galley R with a (nearly) full turn, FTJ. End the turn facing clockwise around the circle for the Slows.

Slows:

The Slows are done moving clockwise around the circle, aim to get half-way along one side of the square on the first one and end up in the next dancer's position at the end of the second one. Then four Plain Capers with low waves, turning Right until facing back around the circle. Repeat - finish facing in.

Dance Sequence:

Once To Yourself – standard Fieldtown Hop Backs and Feet Together Jump

Foot In & Out – Two Double Steps, Two Fieldtown Hop Backs, Feet Together Jump – turning Right on the Jump to face out – repeat turning Right to face in

Chorus

Slows – Half Capers (Beetle Crushers/Testing the Ice)

Chorus

Slows – Uprights (RTBs)

Chorus

Finish the dance with Four Capers, turning Right to face out to finish – hands down and up on the Capers.

All turns are to the Right.