

Minster Lovell – The Jagged Old Woman

A four-person dance.

To the Fieldtown tune Old Woman Tossed Up: OTY. A BB CC BB A B CC B A

In Fieldtown style:

Once to Yourself, starting in the middle of a large square, facing the centre, and backing out
Foot In & Out, with Galley Rights, finishing where you started

First Corners Zigzag, second corners come in with hop backs, feet together jump

Second Corners Zigzag, first corners come in with hop backs, feet together jump

All: First Slows: all do two in, four capers with Waves backing out

All: First Slows again

First Corners Zigzag, second corners come in with hop backs, feet together jump

Second Corners Zigzag, first corners come in with hop backs, feet together jump

Rounds

All Zigzag – after the Jump go slightly to your left as you dance forwards to avoid crashing

All: Second Slows: all do two in, four capers with Waves backing out

All: Second Slows again

All Zigzag

Circular Hey: Tops face down, bottoms face up:

Pass right, pause while turning, pass left, pause while turning, pass right, pause while turning to face in, four capers to the centre (hands down and up)

Zigzag: go as wide as you can on each sidestep: Open Sidestep Right, Open Sidestep Left, Open Sidestep Right, Feet Together Jump – facing each other. Two Double Steps passing Right Shoulder, Galley Right.