

# Minster Lovell – The Toast

A four-person dance.

## Figures

### OTY

Start close together, facing diagonally in, facing the middle. Hands up and over into two Hop Back steps; FTJ.

### Whole Hey

2 and 3 become the ends of the leading diagonal.

1 and 4 each move right, passing left shoulder with each other right shoulder with the other corners.

Do a Whole Hey for four.

Finish with Galley R to place. 2 & 3 need to dance on the spot, facing out, before the Galley; 1 & 3 finish the Hey by passing left shoulders to face out at home before the Galley.

Stretch the diagonal to make a long figure.

## Chorus:

Three [Double Steps/Half Capers/Uprights] on the spot, facing in, one [Double Steps/Half Capers/Uprights] moving in to the middle.

Closed sidestep right, closed sidestep left;

Hockle backs for two bars; (emphasise the hands up and over into the first)

Four Capers (hands down and up)

## Dance Sequence:

Once To Yourself

Whole Hey

Chorus – Double Steps

Whole Hey

Chorus: Slows – Half Capers (Beetle Crushers/Testing the Ice)

Whole Hey

Chorus: Slows – Uprights (RTBs)

End with four Capers in with Hands Down and Up, moving into the middle.