

The Frog Dance – Ilmington

Composed by John Sweeney with the aid of Dolphin Morris in 1978.

Formation: Standard six-man dance.

Tune: Leapfrog as at Headington (Black Book p193).

Figures: Standard Ilmington figures.

Chorus: This is a Corner Dance using the slow capers from Nelson's Praise to do the leapfrogs.

Second Corners turn right and present their backsides; Third Corners step out into a circle, turning to the right and present their backsides.

First Corners leapfrog clockwise around the circle:

xAtt leaping over Third Corners between the "t"s.

xAtt leaping over Second Corners between the "t"s.

Arms are out at the sides when not in use.

First Corners, now in Opposite's place, present backsides; Third Corners stay down; Second Corners leapfrog CW in the same manner.

Third Corners leapfrog CW in the same manner.

Last two bars: Everyone: two single steps, spring, and land with feet together (i.e. normal Ilmington figure ending) turning left to place.

Leapfrogs: Don't bend over, just tuck your head down, step forward on one foot and brace your arms with your hands on the forward thigh. Don't give when the leaper puts his hands on your shoulders – he needs a solid platform.