

# Two For Joy

Music: Two For Joy: OTY; (AAB)\*2; AAC

Single Steps + Feet Together Jump (FTJ). Start (nearly) everything on the right foot.

Two Short Sticks resting on shoulders

Hands (without sticks): Wheatley style: <https://www.youtube.com/watch?v=4R-6IS0csas> hands are in fists and pump up as you put your right foot down. High on the Jump & Clap, then down quickly.

Home is where you start the dance. Start facing "North".

Figures and choruses end with FTJ & Clap at Home.

## Sequence

Once to Yourself

Heading Up; Stick Clashing Chorus

Squares; Sidestep Chorus

Clover Leaf; RTB Chorus

## Once to Yourself

In with a Jump & Clap.

## Choruses

### Stick Clashing Chorus:

T = Together: always Right Tip onto Left Tip.

Three Clashes = Right Tip onto Left Tip; Left Tip onto Right Tip; Right Tip onto Left Tip – all high

TT, Under Right Knee; TT, Under Left Knee; TT, Behind Back, Three Clashes

TT, Under Right Knee; TT, Under Left Knee; Clever bit from Jenny Lind; Three Clashes

Clever bit from Jenny Lind:

1) Right tip on top of tip of own left stick (tap)

Then keep right stick horizontal and stationary, rotate left wrist to strike

2) underside of the tip of own right stick with butt of own left stick (tap)

3) top of the tip of own right stick with tip of own left stick (tap)

4) underside of the tip of own right stick with butt of own left stick (tap)

**Side Step Chorus:** Long Side-Step Right; Side-Step Left; FTJ & Clap; Long Side-Step Left; Side-Step Right; FTJ & Clap.

A Long Side Step is a Seven-Step: r, l, r, l, r, l, r, hop-r. The Side-Step Left is l, r, l, r (no hop).

**RTB/High Jumps Chorus:** Face South: Touch the right toe as far back as you can, bending the left knee; leave the left foot there and step forwards onto the right foot; small jump bringing the feet together; big jump as high as you can. Hands: out, down, and, up with a clap – down quickly. Four Capers, turning to face North. Repeat the High Jumps; Four Capers to finish the dance.

## Figures

### Heading Up – Start Facing "North"

Two single steps forwards; two single steps on the spot; two single steps back to place; FTJ & Clash – Turning a quarter to the Left – now facing West. Repeat three times to finish at Home, facing "North".

**Squares – Start Facing “North”**

Two Single Steps forwards; Two Single Steps turning 3/4 to the right – now facing “West”. Repeat three times to dance around a square and finish at Home, facing North with FTJ & Clash.

Start LEFT (optionally to make the turns easier): repeat the whole sequence, but the turns are to the LEFT, so the second line will be heading “East”.

As you finish the final clash of the figure, throw the sticks away!

**Clover Leaf**

Stepping: (Six Single Steps, FTJ & Clap) x4.

Dance “North” but slightly to the left and dance a big loop to the right back to Home, finishing facing “West”. Dance “West” but slightly to the left and dance a big loop to the right back to Home, finishing facing “South”. Dance “South” but slightly to the left and dance a big loop to the right back to Home, finishing facing “East”. Dance “East” but slightly to the left and dance a big loop to the right back to Home, finishing facing “South” with a FTJ & Clap.